

**COACHING BIO**  
**Michael C. McDonnell**



Coach M.

- **Winnacunnet High School Head Coach, Hampton NH since 2001.**
  - In charge of program development at Winnacunnet including the varsity, junior varsity and freshmen teams.
  - Authored the first ever *Coaches Manual* Specific to the sport of Volleyball for Winnacunnet.
  - Assisted in implementing the first freshmen club team and subsequently became sanctioned by the NHIAA.
  - Two time NHVCA Coach of the Year 2003 and 2006.
  - Fosters Daily Dream Team Coach of the Year 2003
  - Assistant coach of the Class L All Star team 2003 - 2005.
  - Class L Vice President for the NHVCA
  
- **Coach for Junior Olympic teams in the seacoast area.**
  - NH Seacoast Juniors
    - Board of directors 2004-2005
    - Head coach 14-2 group 2002.
      - Runner up: league championship match
    - Assistant coach of the 18 Elite team – 2003
      - Winner: New England Regional Championships
    - Head coach of the 16 Elite Travel Team 2004-2005
      - Semifinalist: 4<sup>th</sup> out of 85 teams in the Region
  - Great Bay Volleyball
    - Co-Founder and Administrator
    - Webmaster
    - Coach (2006-2007 season).
  
- **Certifications and Other Qualifications**
  - Cap Level II Coaching Accreditation, USA Volleyball.
  - Life time certification in sports first aid.
  - 4 time attendee of the [Gold Medal Squared Clinic](#) (Nationally Acclaimed)

- Coaching Clinics by or with: **Carl McGown, Marv Dunphy, Jim McLaughlin, Mary Jo Pepler, Jill Hirschinger, Hugh McCutcheon, Ron Larsen, Laurel Iverson, Bill Neville, Stu Sherman, Shelton Collier, Shang Hsiung and Karolyn Kirby.**
- Current Red Cross CPR certification
- Impact certified
- Lead Coach and Co-Founder of [Pinnacle Sports Camps](#) <sup>™</sup>.
  - Author of the current curriculum used for the camp
  - Lead Coach under the Director
- Design, implement, Author and currently maintain a Web Site (SeacoastVolleyball.com <[www.seacoastvolleyball.com](http://www.seacoastvolleyball.com)> ) dedicated to the Growth of the Sport in the Seacoast Area.
- Responsible for originating and maintaining the first ever Mailing/Discussion list for players in the state of NH and the Seacoast Area ( [Seacoast Area Volleyball Discussion List](#) )
- American Volleyball Coaches Association Liaison to New Hampshire Coaches
- Weekly Clinic at Spaulding High School Co-Founder and Clinician
- New Hampshire Volleyball Coaches Association class L Vice President for 2005
- Editor and Webmaster for the New Hampshire Volleyball Coaches Association 2004 - Present
- Coordinate, prepare and direct USAV sanctioned tournaments in the Seacoast area
- Fundraising for the UNH men's club volleyball team in 2000 & 2001
- Volunteer coach for clinics to teach children ages 11 – 14 about the sport of Volleyball (York, ME. Recreation Department).
- Responsible for originating and maintaining the first ever [New Hampshire High School Coaches Discussion](#) list dedicated to improving the quality of high school volleyball.

### **Coach's Comments:**

Hello future Great Bay players! Other than spending time with my wife Katherine and my three amazing children; Hannah (9), Emily (7) and John (4) I can't think of anything I'd rather do than coach! I look forward to working with all of you to build a great juniors program. If you have any questions about the program, just give me a call or send me an email. See you on the court!

Coach M.